

Dear Walking Fish Members,

We have experienced nice weather this past week with cooler temperatures moving in today. Gilbert Mathis, a cooperative fisher member, caught an assortment of wonderful fish on his last trip. He used the hook and line method of fishing to catch triggerfish and several different types of snapper.

We love to see what everyone is doing with their weekly catch! Please share your cooking tips, recipes and photos on our Facebook page.

WEEK 10: November 30th

WHERE: Duke Raleigh Hospital

WHEN: Wednesday, 4 – 5:30 pm

WHO: EVERY WEEK and GREEN GROUP

SHARE DESCRIPTIONS –

Headed and gutted shares – Pink Snapper, Yellow-eye Snapper or Margate Snapper
Filletted Shares – Triggerfish and/or Pink Snapper, Yellow-eye Snapper or Margate Snapper

**Recipe with photo will be posted in the morning!